



# Jolly Back Chair

## User Guide

To ensure you get the best from your Jolly Back Chair please read the following information and retain for future reference.

**Always refer to these instructions before adjusting your Jolly Back chair, or if you feel the chair is not performing properly.** In the unlikely event of any severe deterioration in service, remove the Jolly Back chair from service immediately and contact your distributor.

### 1. Correct Sitting

The seat wedge has been designed to open up the angle between your body and legs. This increased angle (ideally having your knees lower than your hips) encourages the natural inward curve of the lower back (lumbar lordosis) to remain and leads to reduced damaging disc pressure and hip joint strain. To ensure you are sitting correctly, your chosen seat height should ideally open up the angle between your legs and body to greater than 90°, your bottom should be back in the chair as far as possible and the back rest support adjusted accordingly (see below).

The back rest support has been designed to infill the natural inward curve of your lower back and allows your back muscles to relax comfortably. It should be positioned so that it is comfortable for the user – **the thickest part of the support at belt level.** To adjust (assistance from a second person is recommended) – lock wheels, support the underside of the backrest, unscrew/loosen both bolts, carefully slide into the required level position and retighten both bolts.

### 2. Maintenance and Care

The quality swivel wheels (castors) need to be kept free of dirt and other loose fibres. The castors should be tightened up fully to secure them in place before use, checked that they are free from damage and brakes checked to be working. It is recommended these checks take place at regular identified intervals, depending on chair use.

Ensure seat wedge screws and back rest support bolts are tightened up fully to secure the components in place before use. Clean metal work with a slightly damp cloth when required.

The high performance fabric is waterproof, breathable, anti-bacterial, bleach cleanable and fire retardant. It is also treated with stain repellent to give added protection, but this does not make the fabric indestructible - it still requires proper care and attention to ensure years of wear and appearance. Oil and water based spills can be blotted up with a clean cloth. Specific cleaning recommendations and stain removal guidelines are available on request.

### 3. Intended Use

The Jolly Back chair is intended to be used as a sitting aid for adults. It complies with a static weight test of 110Kg / 17st 3lb (BSEN 15373:2007 2). A level of supervision appropriate the user's ability should be applied at all times.

To ensure the safety of yourself and others:

- Ensure the wheels are locked by applying the brakes when the chair is not in use.
- Ensure the chair is in a secure position before and whilst the user sits down and stands up from it. The brakes should be pressed securely off to enable manoeuvrability whilst sitting on the chair.
- Do not use the Jolly Back chair on any inclined surface, steps or stairs.
- Do not stand on the Jolly Back chair.

Every Jolly Back chair is quality checked by Ocee Ltd approved engineers. Any adjustments or alterations made which are not listed in these instructions should not be made without the authorisation of an Ocee Ltd representative. Any such adjustments will affect the chair's warranty.

### 4. Warranty

Under normal wear and tear conditions, a 3 year manufacturer's warranty is provided.

### 5. Environmental Impact

The Jolly Back chair is manufactured entirely within the UK, using processes to minimise its carbon footprint. It is 95% (min) recyclable.

For further information please contact your approved stockist or Jolly Back. We hope you enjoy many years of use!